



# Delaware's Opioid Crisis

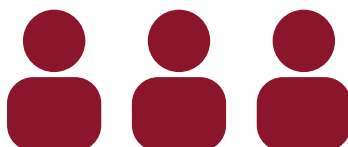
*How the opioid epidemic has continued to impact the people of Delaware*

## STATE FACTS



**420 DEATHS**

were attributed to opioid overdoses between January 2020 and January 2021.<sup>1</sup>



**A 7.9% INCREASE**

in opioid overdose deaths was reported between January 2019 and January 2021.<sup>2</sup>



**60.6 OPIOID PRESCRIPTIONS**

were written for every 100 persons in Delaware in 2018.<sup>3</sup>

## NATIONAL DATA



**3.75 MILLION**

or 9.2% of patients go on to long-term opioid use after a low-risk surgery (e.g. inguinal hernia repair, knee arthroscopy.)<sup>4</sup>



**80 PILLS**

is the average amount of opioids that patients receive after orthopedic surgery whether they need them or not.<sup>5</sup>



**9.7 MILLION**

people misused prescription pain relievers in 2019.<sup>6</sup>

**OVER 95,000 DEATHS**

from a drug-related overdose were reported in one year's time ending in January 2021. This is the highest number of overdose deaths ever recorded in a 12-month period.<sup>7</sup>

**OVER 71,000 PEOPLE**

died of an opioid overdose between January 2020 and 2021 — **44.3% more** people than the estimated number of motor-vehicle fatalities in 2020.<sup>8,9</sup>

1. Ahmad FB, Rossen LM, Sutton P. (2021) Provisional drug overdose death counts. National Center for Health Statistics. <https://www.cdc.gov/nchs/nvss/vsrr/drug-overdose-data.htm>

2. See footnote 1

3. National Institute on Drug Abuse. (2020). Delaware: Opioid-Involved Deaths and Related Harms. NIDA. <https://www.drugabuse.gov/drug-topics/opioids/opioid-summaries-by-state/delaware-opioid-involved-deaths-related-harms>

4. Hah, J. M., Bateman, B. T., Ratliff, J., Curtin, C., & Sun, E. (2017). Chronic Opioid Use After Surgery: Implications for Perioperative Management in the Face of the Opioid Epidemic. *Anesthesia and Analgesia*, 125(5), 1733–1740.

<https://doi.org/10.1213/ANE.0000000000002458>

5. Bicket M, et al. "Prescription opioid oversupply following orthopedic surgery: A prospective cohort study." American Pain Society annual scientific meeting 2017. [https://www.jpain.org/article/S1526-5900\(17\)30157-8/pdf](https://www.jpain.org/article/S1526-5900(17)30157-8/pdf).

6. Substance Abuse and Mental Health Services Administration. (2020). Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health. HHS Publication No. PEP20-07-01-001, NSDUH Series H-55. <https://www.samhsa.gov/data/sites/default/files/reports/rpt29393/2019NSDUHFRRPDFWHTML/2019NSDUHFRR1PDFW090120.pdf>

7. See footnote 1

8. See footnote 1

9. National Safety Council. (2020). *Preliminary Monthly Estimate*. Injury Facts. <https://injuryfacts.nsc.org/motor-vehicle/overview/preliminary-monthly-estimates/>