



Iowa's Opioid Crisis

How the opioid crisis continues to impact Iowa's Veterans

**VOICES
FOR NON-OPIOID
CHOICES**

STATE FACTS



91,795

VETERANS

in Iowa are enrolled in the VA health care system.¹



34.6 Opioid Prescriptions

were written for every 100 persons in Iowa in 2023.²



\$1.2 BILLION

was spent on Veterans Medical Care in Iowa in 2024.³

NATIONAL DATA



632,000

Veterans misused opioids in 2023.⁴



~ 50%

Nearly half of combat wounded veterans report misuse of prescription opioids.⁵



\$1 BILLION

is spent each year on Veterans abusing prescription opioids.⁶

7.6 MILLION

adults misused prescription opioids in 2024.⁷

\$3.94 TRILLION

estimated economic burden of fatal overdoses and OUD between 2025 and 2028.⁸

¹ U.S. Department of Veterans Affairs. (2024). State Summaries. <https://www.data.va.gov/stories/s/57p5-4mwf>

² Centers for Disease Control and Prevention (2025). Opioid Dispensing Rate Maps. <https://www.cdc.gov/overdose-prevention/data-research/facts-stats/opioid-dispensing-rate-maps.html>

³ Geographic Distribution of VA Expenditures (2024). National Center for Veterans Analysis and Statistics. <https://www.va.gov/vetdata/Expenditures.asp>

⁴ 2023 National Survey on Drug Use and Health: Among the Veteran Population Aged 18 or Older. (2023). SAMHSA. <https://www.samhsa.gov/data/sites/default/files/reports/rpt53159/2023-nsduh-pop-slides-veterans.pdf>

⁵ Opioid and sedative misuse among veterans wounded in combat. (2019). Science Direct. <https://www.sciencedirect.com/science/article/abs/pii/S0306460318310141>

⁶ The effect of combat deployments on veteran opioid abuse. (2024). Wiley. <https://onlinelibrary.wiley.com/doi/abs/10.1002/hep.4812>

⁷ 2024 National Survey on Drug Use and Health. (2024). Samhsa. <https://www.samhsa.gov/data/sites/default/files/reports/rpt56287/2024-nsduh-annual-national-report.pdf>

⁸ Burden of overdoses among persons with opioid use disorder in the United States, 2025–2028: a simulation modeling study. (2026). The Lancet Regional Health. [https://www.thelancet.com/journals/lanam/article/PIIS2667-193X\(26\)00065-7/fulltext](https://www.thelancet.com/journals/lanam/article/PIIS2667-193X(26)00065-7/fulltext)

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